

Hillside News



October 2024 Cedarbrook fountain Hill Senior Care & Rehab



Hillside News

October 2024

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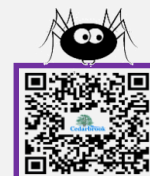
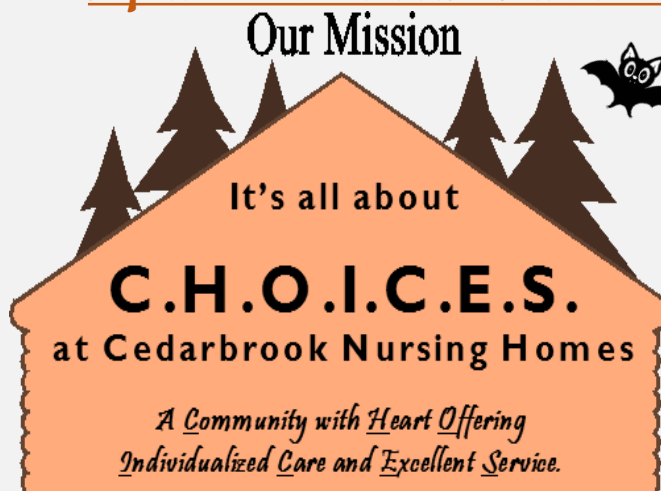
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updates and pictures of recent events!**
www.facebook.com/cedarbrookseniorcareandrehab
website: <https://www.cedarbrookseniorcare.com>



THE HAPPENINGS... AT THE HILL

OCTOBER SPECIAL PROGRAMS

ALL PROGRAMS ARE IN THE MAIN DINING ROOM UNLESS OTHERWISE STATED

- 10/1 BINGO BUCKS BINGO - 10:30 AM
10/2 OCTOBER BIRTHDAY PARTY WITH ELAINE G. - 2:30 PM
10/3 MOVIE MATINEE: "EDWARD SCISSORHANDS" - 2:00 PM
10/4 OOMPA FEST WITH THE CRACKED WALNUTS - 2:30 PM
10/6 MASS & ROSARY - 2:30 PM
10/7 DICK ROBERTS KEYBOARD & CONVERSATION - 2:30 PM
10/8 BINGO - 10:30 AM
10/8 LE GAMES & SAUTEED PIEROGIES - 2:30 PM
10/9 OCTOBER PAINT BY NUMBERS - 2:30 PM
10/10 LEHIGH VALLEY HUMANE SOCIETY VISIT - 10:30 AM
10/10 RESIDENTS' COUNCIL - 2:30 PM
10/11 MUSIC BY VERONICA - 2:30 PM
10/14 CINNAMON ROLLS & CHAT - 10:30 AM
10/14 NATIVE AMERICAN CONTRIBUTIONS - 2:30 PM
10/15 BINGO - 10:30 AM
10/16 MOVIE MATINEE: "BEETLEJUICE" - 2:00 PM
10/17 MEN'S PROGRAM: TALKIN' BASEBALL - 10:30 AM
10/17 JEOPARDY - 2:30 PM
10/18 MUSIC BY KRIS PHIPANY - 2:30 PM
10/21 THROUGH 10/25 "FALL FESTIVAL WEEK"
10/21 SPANISH CHURCH SERVICE - 10:30 AM
10/21 AUTUMN ART: COLORING PROJECT - FALLING LEAVES - 2:30 PM
10/22 FALL BINGO - 10:30 AM
10/22 LE GAMES & APPLE CIDER DONUTS - 2:30 PM
10/23 PUMPKIN PAINTING CONTEST - 2:30 PM
10/24 AUTUMN ART: WATERCOLORS - 10:30 AM
10/24 FALL FOODS: BAKING PUMPKIN PIES - 2:30 PM
10/25 HALLOWEEN HIJINKS WITH GLORIA - 2:30 PM
10/28 CRANIUM CRUNCHERS - 2:30 PM
10/29 BINGO - 10:30 AM
10/30 CRAFTY CORNER: MAKE YOUR OWN MASK - 2:30 PM
10/31 MONSTER MOVIE: "PRACTICAL MAGIC" & GHOULISH GOODIES - 2:00 PM

PROGRAMS SUBJECT TO CHANGE



CAN YOU SPY...
WITH YOUR LITTLE EYE,
THE "BLACK BAT"



COUNT HOW MANY YOU SPY.
(Answer on page 16)

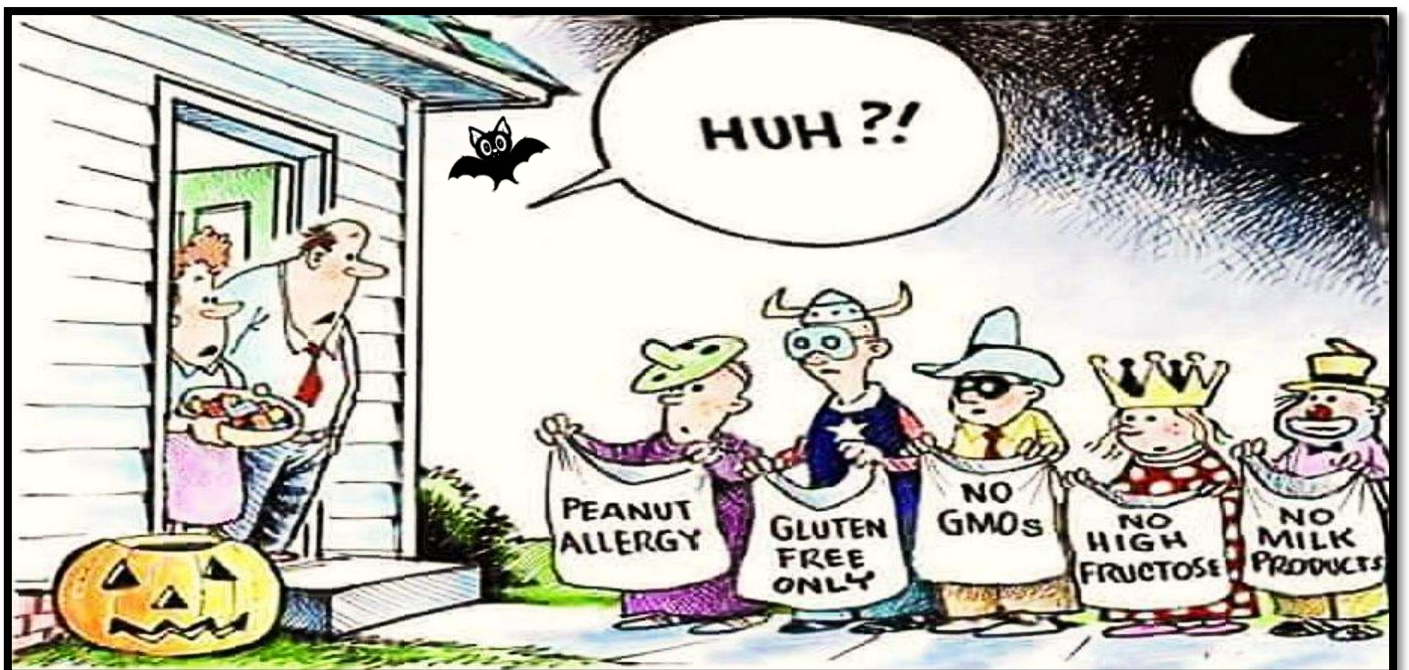


OCTOBER BIRTHDAYS



ROBERT KENDY	2ND
TIMOTHY MCELLROY	2ND
PETER VERNON	3RD
RUTH DEFRAIN	6TH
GRACE NONNEMACHER	11TH
JENNIFER FRANKENFIELD	17TH
JOAN SUSSKI	17TH
ELIZABETH KISH	24TH
RUTH MINDLER	25TH
JOSEPHINE WIETECH	25TH
GUADALUPE DOMINGUEZ	26TH
MICHAEL EVANS	28TH

Happy
Birthday
to you!





FALL WORD SEARCH



H J N I F I P J K R F H R E T
 A D M B Z O R U E T F J E Y H
 L I U F T W O B M V R F W R A
 L Y T N B R O T E P A J O E N
 O Y U A Z T N Y B C K S L B K
 W J A T C J D R S A E I F M S
 E G L O F N D S O E L Q N E G
 E S W E A T E R E C V L U V I
 N C C C I D E R H L A A S O V
 S I E D I R Y A H P P T E N I
 O W O R C E R A C S U P M L N
 W I Y C G V Y A F R G T A W G
 N L D T E Y Y K K P I E I X E
 J Q R S L X R E B M E T P E S
 Y E T E V G Y T H W I C K U J



- | | | | | |
|-----------|-----------|---------|--------------|-----------|
| ACORN | APPLES | AUTUMN | CANDY | CIDER |
| FOOTBALL | HALLOWEEN | HARVEST | HAYRIDE | LEAVES |
| NOVEMBER | OCTOBER | PUMPKIN | RAKE | SCARECROW |
| SEPTEMBER | SUNFLOWER | SWEATER | THANKSGIVING | TURKEY |



CHAPLAIN'S CORNER



What is the spirituality of the Fall season?

Welcome to the Fall! As the seasons change and the colors on the trees change from green to yellow, red and orange, let us remember that fall is Harvest time. It is a time to show Gratitude for the blessings of what we have received from our toil. It is a time to Turn Inward and reflect, a time of Letting Go of negative and unhealthy things or habits. And let us not forget a time of Remembering our Ancestors.

What is the spirituality of the Fall/Autumn season.



Spiritually speaking, Fall/Autumn represents the harvest time of the year, a time to acknowledge growth and expansion as a natural evolution of our organic being. Our lives go through cycles of growth, harvest, death, and rebirth just as we see in nature. The grass withers and the flowers fall, because the breath of the Lord blows on them. Surely the people are grass. The grass withers and the flowers fall, but the word of our God endures forever. Psalm 85:12: "The Lord will indeed give what is good, and our land will yield its harvest." Autumn Is the Season To Thank God For His Many Blessings.

It's a season of praise. It's a season to gather with family and friends to thank God for the many blessings He has bestowed upon us. It's a season to share the love of Jesus with others by blessing them with the gifts that He has so generously shared with us.

October 31st is also a day of remembering our ancestors' as we recognize the Day of the Dead as the Eve to All Saints day, November 1st.

We also recognize October 31st as Halloween. What actually is Halloween and why do we celebrate it? Halloween's origins can be traced back to the ancient Celtic festival known as Samhain, which was held on November 1 in contemporary calendars. It was believed that on that day, the souls of the dead returned to their homes, so people dressed in costumes and lit bonfires to ward off spirits. Halloween has Christian origins as well.

It's right there in the name, meaning "holy evening." Shortened from All Hallows' Eve, Halloween is the evening vigil before All Saints' Day, a religious holiday honoring Christian martyrs.



CHAPLAIN STEPHANIE JONES



EMPLOYEE ANNIVERSARIES

EMPLOYEE	DEPARTMENT	YEARS
Francis Andrews	Environmental	27
Marie Altemose	Human Resources	23
Nastassia Misiak	Nursing	21
Sandra Shalters	Nursing	21
Heidi Heffelfinger	Social Services	19
Lynette Clark	Nursing	14
Jennifer Bogar	Nursing	6
Nicole Labady	Nursing	6
Chandahas Aralikatti	Nursing	3
Angelo Torres	Environmental	2
Barry Gregory	Environmental	1



NEW RESIDENTS

ANNETTE CONNER
ROSE SPRINGFIELD
PETER VERNON
LEONA SNYDER



**WE APPRECIATE
ALL YOU DO!**

LOST AND FOUND

Did you lose something?



Lost and Found is located at security in the lobby. Many items await the claim of their rightful owner. Please stop at the Receptionist to see if any items belong to you.

If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our **Administrative Hotline**. Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken.

You can report Fraud, Waste and Abuse to the Lehigh County Ethics Hotline at (610)782-3999.

This information is confidential and caller may remain anonymous.





In Loving Memory

At Rest

Ben Park

Cecilia Rivera

Elizabeth Goodwin Colley



An Autumn Sunset

**Have you looked upward to the sky
At the end of an autumn day?
The sight you'll see is marvelous,
As sunset fades away.**

**The colors are magnificent,
With purple, blue and pink.
They hover high above the earth,
The rest of the world just shrinks
Away beneath the beauty
Of these majestic skies.
You'll feel like you're in heaven,
And won't believe your eyes.**

**The sun is drifting out of sight
Until a brand new day;
But, meantime, it has given us
A wonderful display,
Of vibrant colors everywhere
Your eyes will take the test,
To see if you can handle,
Mother Nature at her best.**

**So, don't look down upon the ground,
Just lift your head up high,
At the end of a lovely autumn day,
And see that "awesome" sky.**

**Written by published author,
Shirley Binkley
(CBA resident)**



Residents' Council Meeting Minutes Thursday September 12, 2024

- Jude Tonzola, President, called Residents' Council meeting to order.
- Minutes from August's Residents' Council meeting were read by Patricia Stuber, Council Secretary.
- Jude Tonzola asked for a motion to accept August's minutes as read. Barbara Gower moved to accept and it was seconded by Betty Lou Hall.
- Patricia Stuber read the list of the New, Deceased and Discharged residents since our last meeting.
- Marvin Kerchner, Vice President, read The Resident's Right for September.



Use of psychopharmacologic drugs –

These drugs may only be administered to you on the orders of a physician and only as part of your written plan of care. Your plan of care must describe the plan to eliminate or modify the symptoms for which the drugs are prescribed. At least annually, an independent, external consultant must review the appropriateness of your receiving such drugs.

Old Business:

Referrals were read and reviewed by Resident Council Liaison, Heidi Heffelfinger.

New Business:

- Heidi announced that the month of October is Residents' Rights Review month. She said that the Resident Council Officers and 6 other residents met together and came to an agreement to review the Residents' Rights with a game. They have chosen to play Jeopardy. Heidi will work with Life Enrichment to create a Jeopardy game based on The Residents' Rights.
- With October being Residents' Rights Review month, Jude Tonzola asked for a motion to review September and October's Council meeting minutes to be reviewed at the November's meeting so residents can play Residents' Rights Jeopardy. Alice Uhl moved to accept and it was seconded by James Gor.

Resident Concerns/Comments:

- Resident had a concern about timing of medicine.
 - A referral will be sent to proper department.
- Resident had a concern about the black folding chairs not being in the resident's room.
 - A referral will be sent to proper department.

Announcements:

Jason Cumello — Administrator

- We have reviewed the results from the survey. Four new projects came out of the feed back.
- As of August 12 the county has resumed the work for the new building at the Cedarbrook Allentown campus. The project is going smoothly and is looking to take about 12 to 18 months for completion.

Michelle Julian—Asst. Administrator

- A trial of the new resident privacy curtain is currently being conducted on Station 2 in a resident's room.
- The work to the new boiler will be wrapping up next week. The project has been going well with very little interruption to our residents.
- The next project for our facility will be the re-modeling of the nursing stations on each unit.

Jessica Kelly — Asst. Director of Life Enrichment

- Jessica went over the activities for the remainder of the month of September.
- Life Enrichment would like for residents to share their favorite childhood cookie recipe with the Life Enrichment staff for an upcoming baking activity.
- Life Enrichment staff will continue to have BINGO twice a week for all residents but will be moving the location to the Main Dining Room moving forward. Only Station 4 & 5 will keep their on unit BINGO as is in their unit dining rooms.
- Activity calendars are available to all residents on the back of the Hillside News.

Conclusion:

- The next Residents' Council Meeting will be held on October 10, 2024 at 2:30pm in the Main Dining Room.
- Jude Tonzola made a motion to adjourn the meeting. Richard Bernhard moved to accept the motion and seconded by Elizabeth Landis.
- Residents were invited to attend the Food Committee Meeting immediately following Residents' Council.



CEDARBROOK VOLUNTEERS ARE VERY IMPORTANT PEOPLE



Thinking about all the fun in the autumn months? Hay rides, bon fires, trick or treating, and many more. These things can bring us so much joy and help reduce our stress and give us that “good all-over” feeling. You can get those benefits by volunteering at Cedarbrook. Volunteering can reduce your stress, give you lots of laughs, and make others happy at the same time.

Cedarbrook has many opportunities where you can provide help as a volunteer. We accept volunteers beginning at 13 years of age. This would be a great bonding activity to do with your child or grandchild. Helping others is a valuable lesson for everyone. It is also something you can add to your resume or applications. If you are interested in seeing some of the wonderful activities we do at Cedarbrook, check out our Facebook page at: Cedarbrook Senior Care & Rehabilitation.

You can bring a smile to others.

Bingo Volunteer Needed – Every Saturday 2:00 PM – 4:00 PM. Just a little bit of time each week and you can help provide a great time for our residents. Our residents love playing bingo, and some may need a helping hand at making sure they cover all their numbers.

Church Transporters – Every Sunday 2:00 PM – 4:00 PM.

On-Unit and In-House Activities – Cedarbrook has lots of different activities. Almost every afternoon volunteer helpers are needed. We do on-unit activities, crafts, cooking, games and music as well as in our main dining room 7 days a week 2:00 PM – 4:00 PM, especially on weekends.

Pet Visitors – Do you have a well behaved, people friendly furry friend (dog/cat) who would love to be showered with affection, while bringing smiles and joy to our residents? Some of our folks had pets at home and are really missing the unique and loving comfort of a pet. This would be at your convenience.

Animals and their Pet Parent will be interviewed. Pet health documents will be required.

**Please contact the Life Enrichment department for more information
on registering your pet, 610-336-5681**



Volunteer at Cedarbrook. There is always something great happening.

We need volunteers.....we need YOU!

Most volunteer shifts are about 2 hours, but can be flexible. It does not matter how much time, days or hours you can give, every minute is precious.

Contact me at, 610-336-5684
or email: kerrymagliane@lehighcounty.org



DIETICIAN'S CORNER

With flu season creeping up on us and after the emergence of Covid19, here are some tips on how to boost your immune system to stay as healthy as you possibly can.

" **Boost Your Immunity.** Interest in immune boosting nutrients and dietary supplements has increased, Vitamins such as A, C, D, and E, along with minerals like zinc and selenium, play crucial roles in strengthening the immune response. Additionally, foods rich in antioxidants help combat oxidative stress and inflammation, further enhancing immunity. Maintaining good hydration and including probiotic-rich foods like yogurt or fermented foods can promote a healthy gut, which is integral to overall immune health. Note that most supplements are not superior to the nutrients you can get from real whole food. Most studies show that dietary supplements are only useful if you have a deficiency in a nutrient. Taking supplements on top of a healthy diet does not add much to your immune system. By prioritizing a well-rounded diet, you can naturally bolster your body's defenses against illness. A lifestyle that includes eating healthy foods, physical activity, reducing stress, and getting enough sleep is known to keep your immune system in the best shape.

Tips to Support a Healthy Immune System 1. Eat a balanced diet 2. Limit processed foods and sugar 3. Stay hydrated with water 4. Exercise regularly 5. Don't smoke 6. Get adequate sleep 7. Manage stress 8. Wash hands frequently 9. Consider a multivitamin 10. Consider vaccination"



These are just a few tips to try and stay healthy, but rule of thumb is if you feel sick please stay home.



Morrison
LIVING



WELCOME
NEW
HIRES

GLOWDEIN AMBROSE – JOHN
ANGELICA GARCIA – ORELLANA
MAY GUO
NATALIE JOHNSON
MADELINE SANCHEZ PEREZ
EMALENE UJVARY
KADIAN MCFARLANE
MARIA LEES
DEVON MONTES
KRISTEN NAGY
MICHAEL PACHECO JR.
ROBIN PERNIER
TAJAE REESE



Fall Leaf Maze



START

FINISH





HALLOWEEN

FUN FACTS

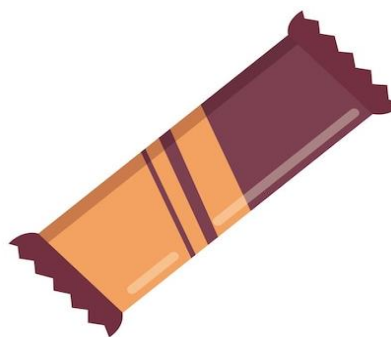


THE FIRST JACK O'LANTERNS WERE ACTUALLY MADE FROM TURNIPS



TRICK-OR-TREATING EVOLVED FROM THE ANCIENT CELTIC TRADITION OF PUTTING OUT TREATS AND FOOD TO PLACATE SPIRITS WHO ROAMED THE STREETS AT SAMHAIN, A SACRED FESTIVAL THAT MARKED THE END OF THE CELTIC CALENDAR YEAR.

FIFTY PERCENT OF KIDS PREFER TO RECEIVE CHOCOLATE CANDY FOR HALLOWEEN, COMPARED WITH 24% WHO PREFER NON-CHOCOLATE CANDY AND 10% WHO PREFERRED GUM.



THE OWL IS A POPULAR HALLOWEEN IMAGE. IN MEDIEVAL EUROPE, OWLS WERE THOUGHT TO BE WITCHES, AND TO HEAR AN OWL'S CALL MEANT SOMEONE WAS ABOUT TO DIE.

THE WORD "WITCH" COMES FROM THE OLD ENGLISH WICCE, MEANING "WISE WOMAN." IN FACT, WICCAN WERE HIGHLY RESPECTED PEOPLE AT ONE TIME. ACCORDING TO POPULAR BELIEF, WITCHES HELD ONE OF THEIR TWO MAIN MEETINGS, OR SABBATS, ON HALLOWEEN NIGHT.





PERFECT PUMPKIN BARS



This pumpkin bars recipe is ideal for any fall occasion: Halloween, dinner parties, or to pass out to neighbors to spread fall cheer. Here's why this recipe stands out:

- **It's moist and cakey**, but not like cake: you can still eat it with your fingers.
- **It's perfectly spiced**. It's got a hefty 1 tablespoon pumpkin pie spice and 1/2 tablespoon cinnamon: make sure to use both for the perfect flavor!
- **The cream cheese frosting is to-die-for**. It adds just the right amount of gooey tang that's not too much, or not too little of sweetness.

For Pumpkin Bars

Ingredients

- 2 cups all-purpose flour
- 1/2 tablespoon cinnamon
- 1 tablespoon pumpkin pie spice
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1/2 teaspoon kosher salt
- 2 large eggs
- 3/4 cup light brown sugar
- 1/2 cup granulated sugar
- 15-ounce can pumpkin puree
- 3/4 cup canola oil



For the Cream Cheese Frosting

Ingredients

- 4 tablespoons unsalted butter, room temperature
- 1 8-ounce package cream cheese, room temperature
- 2 1/2 cups powdered sugar, sifted
- 1/2 teaspoon vanilla extract



Instructions

1. Preheat the oven to 350 degrees Fahrenheit. Grease a 10 x 15-inch jelly roll pan.
2. In a large bowl, stir together the flour, cinnamon, pumpkin pie spice, baking soda, baking powder and kosher salt. In a separate bowl, whisk together the eggs, then whisk in the brown sugar, granulated sugar, pumpkin puree, and oil. Pour the dry ingredients into the wet mixture and stir with a spatula until just combined. Pour the batter into the prepared pan and use a spatula to smooth it into an even layer.
3. Bake for 25 to 30 minutes, until a toothpick inserted in the center comes out clean. Allow to cool for 30 minutes, then refrigerate about 15 minutes until it comes to room temperature. (Or allow to cool and refrigerate it, then frost before serving.)
4. Meanwhile, make the cream cheese frosting: Let the butter and cream cheese sit on the counter for 1 hour to come to room temperature. Use a fine mesh sieve to sift the powdered sugar into a bowl. Beat the butter and cream cheese with a stand mixer or hand mixer on medium speed for 2 to 3 minutes until completely smooth, scraping once. Reduce the speed to low, then add the vanilla. Slowly add the powdered sugar until it comes together into a thick icing. Use immediately or refrigerate until using (stores refrigerated for up to 1 week; allow to stand at room temperature for 30 minutes and stir before using).
5. Spread the frosting on top of the bars. If desired, dust with cinnamon.
6. Serve immediately or store refrigerated. Stores refrigerated for up to 5 days.





OCTOBER FUN TRIVIA FACTS



October 1, 1940 – The Pennsylvania Turnpike opened to traffic. It is considered the first US superhighway.



October 3, 1995 – More than 150 million people tuned in for the announcement of the verdict in the O.J. Simpson trial. The not guilty verdict was met with both praise and criticism.

October 8, 1982 – Cats, based on Old Possum's Book of Practical Cats by T. S. Eliot, opened on Broadway and ran for nearly 18 years before closing on September 10, 2000.

October 15, 1951 – I Love Lucy premiered on CBS. It was filmed on three cameras, a TV first.

October 18, 1964 – Jackie Mason appeared on The Ed Sullivan Show and may have given Ed "the finger" on the air. He never appeared on the show again.

October 24, 1946 – A camera onboard the V-2 No. 13 rocket took the first photograph of earth from outer space.

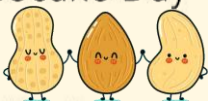
October 27, 1966 – It's the Great Pumpkin, Charlie Brown aired for the first time (on CBS).

October 29, 1998 – Space Shuttle Discovery took off with 77-year old John Glenn on board, making him the oldest person to go into space.

October 31, 1926 – Magician Harry Houdini died of gangrene and peritonitis that developed after his appendix ruptured (after an unexpected punch to the stomach a few days earlier).

OCTOBER FOOD HOLIDAYS

- 1- World Vegetarian Day
- 1- Homemade Cookies Day
- 4- National Taco Day
- 6- National Noodle Day
- 10- National Angel Food Cake Day
- 11- National Sausage Pizza Day
- 12- National Gumbo Day
- 14- National Dessert Day
- 16- World Food Day
- 17- National Pasta Day
- 18- National Chocolate Cupcake Day
- 21- National Pumpkin Cheesecake Day
- 21- Caramel Apple Day
- 22- National Nut Day
- 23- National Boston Crème Pie Day
- 25- National Greasy Foods Day
- 26- Pumpkin Day
- 27- National Potato Day
- 28- National Chocolate Day
- 29- National Oatmeal Day
- 30- National Candy Corn Day
- 31- Trick or Treat Day



DO YOU HAVE A CONCERN?

If you have a question or concern, Pennsylvania's Long-term Care Ombudsman Program can help. Your local Ombudsman is trained to advocate for your rights and will work to resolve your problems by:

- ◆ *Listening to your concerns*
- ◆ *Respecting your choices*
- ◆ *Offering ideas and options to help you meet your individual needs*
- ◆ *Services are free and confidential*

Contact your local Ombudsman
(484) 619-3337

Pennsylvania
Department of Aging Office
of the Long-Term Care Ombudsman



Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc.) may request access through their Social Worker or Natalia Villamil, Administrative Assistant. Our PC Specialist will assign a unique username and password which must be kept confidential.

NEED A REPAIR? SOMETHING FIXED?

Here's how to get it done....

Any resident having difficulties with equipment such as lights, radios, beds, TV's, wheelchairs, ETC.

Please contact your unit clerk, nursing staff, or charge nurse on unit for a work order to be sent to Facilities for repairs.

***Attention Visitors And Staff * : For The Safety Of Our Residents Please DO NOT Use Push Pins In Resident Rooms.**

HOW MANY DID YOU SPY?

There are **24**
"Black Bats"





October 2024



Sunday

Monday







Tuesday

Wednesday

Thursday

Friday

Saturday

		<p>1 10:30 AM BINGO Bucks BINGO 1:30 PM Bible Study 2:30 PM LE Games</p>	<p>2 10:30AM Needles & Hooks 2:30 PM October Birthday Party with Elaine G.</p>	<p>3 2:00 PM Movie Matinee: "Edward Scissorhands"</p>	<p>4 10:30 AM Coffee Social & Chat 2:30 PM "Oompa Fest" with The Cracked Walnuts</p> 	<p>5 2:30 PM BINGO</p>
<p>6 2:30 PM Mass & Rosary</p>	<p>7 10:30 AM Morning Movement 2:30 PM Dick Roberts Keyboard & Conversation</p>	<p>8 10:30 AM BINGO 1:30 PM Bible Study 2:30 PM LE Games & Sautéed Pierogis</p>	<p>9 10:30 AM Needles & Hooks 2:30 PM October Paint by Numbers</p>	<p>10 10:30 AM Visits with LV Humane Society 2:30 PM Residents' Council Meeting</p>	<p>11 10:30 AM Coffee Social & Chat 2:30 PM Music by Verionic</p>	<p>12 2:30 PM BINGO</p>
<p>13 2:30 PM Church with Chaplain Laura</p>	<p>14 10:30 AM Cinnamon Rolls & Chat 2:30 PM Native American Contributions</p>	<p>15 10:30 AM BINGO 1:30 PM Bible Study 2:30 PM LE Games</p>	<p>16 10:30 AM Needles & Hooks 2:00 PM Movie Matinee: "Beetlejuice"</p>	<p>17 10:30 AM Men's Program: "Talkin" Baseball 2:30 PM Jeopardy</p>	<p>18 10:30 AM Coffee Social & Chat 2:30 PM Music by Kris Phipany</p>	<p>19 2:30 PM BINGO</p>
<p>20 2:30 PM Church with Chaplain Laura</p>	<p>21 10:30 AM Spanish Church Service 2:30 PM Autumn Art: Coloring Project- Falling Leaves</p>	<p>22 10:30 AM Fall BINGO 1:30 PM Bible Study 2:30 PM LE Games & Apple Cider Donuts</p>	<p>23 10:30 AM Needles & Hooks 2:30 PM Pumpkin Painting Contest</p>	<p>24 10:30 AM Autumn Art: Watercolors 2:30 PM Fall Foods: Baking Pumpkin Pie</p>	<p>25 10:30 AM Coffee Social & Chat 2:30 PM Halloween Hijinks with Gloria</p>	<p>26 2:30 PM BINGO</p>
F A L L F E S T I V A L W E E K						
<p>27 2:30 PM Church with Chaplain Laura</p> 	<p>28 10:30 AM Morning Movement 2:30 PM Cranium Crunchers</p>	<p>29 10:30 AM BINGO 1:30 PM Bible Study 2:30 PM LE Games</p>	<p>30 10:30 AM Needles & Hooks 2:30 PM Crafty Corner: Make Your Own Mask</p>	<p>31 2:00 PM Monster Movie: "Practical Magic" & Ghoulish Goodies</p> 		<p>*All programs are in the Main Dining Room unless otherwise noted.</p>