

Sunshine News

September 2024 Cedarbrook Senior Care & Rehab



SUNSHINE NEWS

SEPTEMBER 2024

Published monthly. Funded by Lehigh County taxpayers dollars.
CEDARBROOK SENIOR CARE AND REHAB
350 S. CEDARBROOK ROAD ALLENTOWN, PA 18104
(610) 395-3727 Fax: (610) 395-0412 Hotline: (610) 336-9604



Jason Cumello, MBA, NHA
Director/Administrator

Michelle Julian, RN, BSN, MS, NHA
Assistant Administrator

Dr. Gruer, MD
Medical Director

Teresa Samuels, RN, BSN, CNDLTC
Director of Nursing Services

Donna Pendrak, RN
Assistant Director of Nursing Services

Adam Boandl
Financial Services Director

Eduardo Fernandes
Director of Facilities

Ricardo Cintado
Director of Environmental Services

Jessica Brokate
Director of Human Resources

Kristen Morstatt
Resident Assessment Coordinator

Cindy Miller
Director of Admissions & Marketing

Tim Picerno
Director of Rehab Services

Torie Yackanicz
Clinical Nutrition Manager for Dining Services

Jessica Sanchez
Director of Social Services

**Jami Cooper, Heather Jaeger, Khadijah McPherson,
Rhett Palushock, Debbie Smitreski, Mouna Zaghtiti**
Social Services Department

Jennifer Szakacs Strohl, CTRS
Director of Life Enrichment

Kerry Magliane
Coordinator of Volunteer Services

Pastor Anthony Jones & Chaplain Stephanie Jones
Faith Services

Life Enrichment Department Staff

Mikayla Andrews, Laural Butryn, Marnie Distasio, Sherry Geiger, Lea Hayes, Marisol Irizarry, Elizabeth Joyce, Annie Mathews, Kayla Medina, Jean Ramos, Aimee Schmidt, Becky Schraden, Jen Sparling, Sharon Starling-Phillips, Emily Strohl, Becky Szilli

THE MEANING OF C.H.O.I.C.E.S.

Adopted by Cedarbrook employees in 2006, Cedarbrook's mission proudly states a commitment to residents and relatives who need senior care. When Lehigh County families choose Cedarbrook, they are selecting "**Community with Heart Offering Individualized Care and Excellent Service.**"

Visit us on our Facebook page and website for updates and pictures of recent events!

www.facebook.com/cedarbrookseniorcareandrehab
website: <https://www.cedarbrookseniorcare.com>



THE



BUZZ...



AROUND CEDARBROOK

ATTENTION RESIDENTS:

For September, we are directing our Monthly Travels with a trip to the Caribbean.

There will be on-unit activities including crafts, trivia, history, food/snacks, movies/documentaries and an end-of-the-month theme party with the dietary team.

Our Tropical Celebration is Monday, September 30, 2024 at 2:15 PM

Dress down approved for Caribbean themed attire the day of party.



Kiss The Pig



FUNDRAISER



HOSTED BY

Cedarbrook Auxiliary

Will it be Jason Cumello or Phil Armstrong?

Whoever raises the **LEAST AMOUNT** of money will have to **PUCKER UP!**

Donations can be made in our Family Room during Candy bars and snack sales.

Or you can use the **CASH APP!!**

Just specify Jason or Phil for your donation on the APP.

We will be Goin' Hog Wild on **Friday, September 20th, 2024 at 2:15 PM**

In Cedarbrook Allentown's auditorium or watch on our **Facebook Live** page and in-house on **channel 22.**

Come join us, watch the fun and donate!

All proceeds benefit our residents!





Burton Swayze	2nd
Althea Lipton	4th
Allan Kerson	6th
Benjamin Blattenberger	9th
Catherine Walker	9th
Alice Bender	9th
Elinor Ferry	12th
Charles Williams	13th
Raymond Nagle	14th
Margaret Wieder	14th
Kiwako Schlicher	15th
Ruth Stocker	16th
Mildred Eiden	22nd
Helen Bakes	22nd
Edward Turk	22nd
Virginia Levan	23rd
Eugene Shankweiler	24th
Diane Grammes	27th
Mary Regec	27th
Daniel Schedler	28th
Carolyn Labar	28th

September History Happenings

Sept. 1, 1923- Boxing champ Rocky Marciano is born.

Sept. 3, 1833- *The New York Sun* newspaper first appeared. Marking the beginning of inexpensive papers being sold on sidewalks by newspaper boys.

Sept. 5, 1997- Mother Teresa dies in Calcutta after a life of good work aiding the sick and poor. She was 87 years old.

Sept. 7, 1979- *ESPN* debuts on cable TV.

Sept. 9, 1971- Attica Prison riot started in New York. Took 5 days for National Guard and State Police to gain back control while 31 prisoners and 11 guards were killed.

Sept. 13, 1966- Minimum wage was raised to \$1.40 in the US.

Sept. 16, 1970- Legendary guitarist Jimi Hendrix dies from overdose.

Sept. 18, 1947- The U.S. Air Force was established as a separate military service.

Sept 19-20, 1985- 2 days of earthquakes in Mexico City killed almost 20,000 people and left about 100,000 homeless. Damages ranged in the billions. The quakes registered an incredible 8.1 and 7.5 on the Richter scale.

Sept. 25, 1962- "Beverly Hillbillies" debuts the new hit TV show.

Sept. 26, 1960- The first-ever televised presidential debate debuted between John F. Kennedy and Richard Nixon.

Sept. 28, 1978- Pope John Paul I died after only 33 days in office.

Sept. 30, 1955- Actor James Dean was killed in a car crash in California at the age of 24. Even with only three films under his belt, he remains one of the most influential actors of today.



EMPLOYEE ANNIVERSARIES

EMPLOYEE	DEPARTMENT	YEARS
GWYN GILDNER	NURSING	28
JAIME PAGELLA	NURSING	28
KATIE NOVICKI	NURSING	23
LISA JOSEPH	LAUNDRY	21
TAMMY DIETRICH	PHYSICAL THERAPY	20
DANIELLE DICKER	NURSING	18
CATHERINE SILKWORTH	NURSING	18
MARNIE DISTASIO	LIFE ENRICHMENT	17
KERRY MAGLIANE	LIFE ENRICHMENT	10
JASON CUMELLO	ADMINISTRATION	8
ALEXIS EBERLY	NURSING	6
IRINA RABINOVICH	NURSING	6
JACOB COYLE	ENVIRONMENTAL	6
SUN HWA HAN	NURSING	5
KAREN CENTENO	NURSING	3
DEBRA BURNS	NURSING OFFICE	3
JORDAN ALLESHOUSE	FINANCIAL	3
AYISAT OJULARI-SULYMAN	NURSING	2
MARCIA DUNN	NURSING	2
JEANNE KOM	NURSING	2
JESSICA SANCHEZ	SOCIAL SERVICE	2
SAMANTHA STETCH	NURSING	1
ROXANNE EVERETT	RESIDENT ASSESSMENT	1
ZENAIDA GARNER	ENVIRONMENTAL	1
NATALIE TUREK	ENVIRONMENTAL	1

♥ thank you ♥
for all you do



Welcome
NEW RESIDENTS

JOHN ZUPANCICH
NANCY GREEN
LINDA MOYER

CAN YOU SPY...WITH YOUR LITTLE EYE.

"SQUIRREL WITH A NUT"

COUNT HOW MANY YOU SPY.
(Answer on page 16)

RESIDENT SPOTLIGHT



On September 9th, 2024, Alice Bender will celebrate a remarkable milestone: her 100th birthday! Born on September 9, 1924, at her family home in Bethlehem, Alice has lived a life filled with love, family, and passion. Her father owned a car dealership, while her mother worked in a millinery hat shop, crafting elegant women's hats.

Alice attended Liberty High School, where science became her favorite subject. She graduated and soon after met her future husband, Earl, on a blind date arranged by her cousin. The pair married in 1946 and went on to build a life together, raising three daughters. Earl, who was a teacher, passed away in 1996, but the legacy of their love lives on in their family, which now includes six grandsons and seven great-grandchildren.

Over the years, Alice worked in a variety of roles, including as a model for the iconic Hess's department store and making chocolate at a local market for Leh's department store. Beyond her professional life, Alice developed a deep love for puzzles of all kinds, as well as cooking, which has been a lifelong passion. She is also an enthusiast of opera and classical music, once belonging to a music club in Slatington, where she shared her love for the arts.

As Alice prepares to celebrate her centennial birthday, her family and friends are reflecting on the rich tapestry of her life, one filled with hard work, love, and cherished memories. It's a century of stories and experiences that continue to inspire those around her.

We here at Cedarbrook wish Alice a
Happy Birthday and many more to come!





In Loving Memory of Those
Who Will Always
Be In Our Hearts

At Rest
July 2024

Kay Rhoades
Janice Graver
Ann Prudente
Kenneth Merkle
Mary Ann Linde
Darlene Schuler
Donald Schlicher
William Whittaker
Aurea Perez Padilla
Anna Weighknecht



In Loving Memory

I thought of you today,
but that is nothing new.

I thought about you yesterday,
and days before that too.

I think of you in silence,
I often speak your name,
All I have are memories and
your picture in a frame.

Your memory is a keepsake
from which I'll never part.

God has you in His arms,
I have you in my heart.



LOVE



PEACE





Lands of The Caribbean



S A M A H A B I L D K S E X K R C
O S D N A L S I N A M Y A C S Y I
G I F F Z O Z V L B G P Q M M B L
K A E S O D A B R A B J U R S L B
W R C S E H C A E B T E Z E M U U
Y U D E J R B V M J S W R S H E P
A B M M A I B B X C S W S A F I E
Z A K A T B X G U K R J E M Y G R
R R U I A F U B X C A P L O D U N
U L A G Q Q A C Z M O N T H W A A
E H B D H D C Q A O B J R T H N C
K V U S I N L I W F O L U T B A I
J Q P V N W C J F H X Z T N P A N
U C I R X A F M U I F B A I P E I
S N I H P L O D D D K Q E A E Q M
G T X R H B X E H G E A S S D T O
O B Y H O C I R O T R E U P Q A D



Dominican Republic

Saint Thomas

Puerto Rico

beaches

Haiti

Cayman Islands

sea turtles

dolphins

Jamaica

Aruba

scuba diving

blue iguana

Barbados

Bahamas

Cuba





CHAPLAIN'S CORNER



Faith That Cannot Be Shaken

V26 When God spoke from Mount Sinai his voice shook the earth, but now he makes another promise: "Once again I will shake not only the earth but the heavens also." V27 This means that all of creation will be shaken and removed, so that only unshakable things will remain, V28 Since we are receiving a Kingdom that is unshakable, let us be thankful and please God by worshiping him with holy fear and awe. V29 For our God is a devouring (or) consuming fire" Hebrews 12:26-29 (NLT)

It is my mission to build the faith of the people here at Cedarbrook, but in order to build the people's faith there are some questions we all must ask ourselves, questions like:

1. What is faith? 2. How does faith work? 3. What does faith look like? 4. How is faith used? 5. Do we need faith? And 6. Can we live without faith and still serve God?

As a pastor for over 30 years, I am still learning what is "faith" and I am sure you are too! It is my hope that this news letter encourages many hearts and helps you to understand just a little more about your faith and where you stand in your relationship with Christ Jesus our Lord. There is a quote that says ***"Faith always has trials, and if you take away the trial, then where is your faith, for faith must be tried in order that faith might live."***

In this life, we all must understand the true purpose of our trials and tribulations and that they are not to destroy us or disrupt our lives but only to draw us closer to Christ in these end times. The scriptures tell us in **1 Peter 4:12** "Dear friends, do not be surprised at the fiery ordeal (or) trials that has come on you to test you, as though something strange were happening to you."

Our trials are to test us, to help us all in understanding the true nature of God's love for each of us. In the epistle of **James 1:2** it also tells us we are to consider or look at our trials and temptations with joy because it is the testing of our faith and that our faith will produce something in our lives that is greater than anything will ever experience, and that is spiritual maturity, the ability to persevere through all the things you will ever suffer in this life. In verse 12 of this same chapter the Apostle James tells us: "Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him."

When you can embrace God's love for your life and understand what he has truly provided and given you; you will then possess the ability to see what God sees for your life. So, my question is ***what do you see?***

1. Can you see a massive perceptual shift or change in your heart that invalidate your mortality as the governing paradigm of your life?
2. Can you see a complete alignment between your belief system and your lifestyle, is Christ the plumb line, the [measuring tool] that assesses every aspect of your life?
3. Do you have a clear, unhindered, and direct line of communication to receive God's word?
4. Do you possess the vision, the ability to have clear insight to penetrate into the true nature of your surrounding reality?

God's desire for us all is to possess and live by a faith that only he can give that will withstand the time of great adversity in these end-times days we are living in. Life is very short and soon one day we all will stand before our creator, and we all must give an account of what we have done in this body on earth. Are you ready to meet God? Where does your faith stand at this very moment? It is my prayer that you allow God to work in your heart to bring you to a better place in him for it is from this place you will see live completely different and enjoy the true joy of life here on earth.



Pastor Anthony (Tony) Jones



EMPLOYEE PET OF THE MONTH



Name of employee and department...

Brooke Herritt, Dietary



Type of animal/breed...

Dog; Dutch Shepherd/Belgian Malinois mix.

Pet's name, how did you come up with it?

Sirius. Named after the brightest star in the night sky.

Sirius is part of the Canis Major Constellation and is known as the dog star. Also a Harry Potter fan.

How old is your pet?

He is 2 years old. Sirius's birthday is July 31, coincidentally, Harry Potter's birthday as well.

Are there any other nicknames you have for your pet?

No work appropriate nicknames!

How and when did you choose your pet?

My husband was very interested on the particular breed and found him on Pet Finders.



love



Does your pet do any special tricks?

He can sit, lay down, stand, spin, speak, heel, stay and much more.

Funniest memory of your pet.

Sirius managed to jump on the kitchen table and devour six pounds of dog treats in one go! He is definitely clever!

Does your pet have a favorite toy or treat?

His ball. He loves to play fetch.



LOVE

Does your pet have any bad/ naughty habits that drive you crazy?

Sirius has a thing for socks. He has been known to shred them up or just swallow them whole.

Fun facts about your pet or the breed...

Sirius is bilingual. He knows both English and German commands.

(If you would like to see your pet in the Sunshine News, please stop by the Life Enrichment Department to pick up a pet questionnaire. Please be prepared to email pictures of your pet to: MarnieDistasio@lehighcounty.org.)

JOKE OF THE MONTH...

There once was a man and woman who had been married for more than 60 years. They talked about everything. They kept no secrets from each other...except that the old woman had a shoe box in the top of the closet that she cautioned her husband never to open it or ask her about it. For all these years he had never thought about the box, but one day the little old woman got very sick and the doctor said she would never recover. In trying to sort out their affairs, the little old man took down the shoe box and took it to his wife's bedside. She agreed it was time that he should know what was in the box.

When he opened it he found 2 beautiful crocheted doilies and a stack of money totaling over \$25,000. He asked her about the unusual contents.

"When we were married," she said, "my grandmother told me the secret of a happy marriage was to never argue. She told me that if I got angry with you, I should just keep quiet and crochet a doily."

The little old man was so moved he had to fight back tears. Only two precious doilies were in the box. She had only been angry with him two times in all those years of living and loving. He almost burst with joy and happiness.

"Sweetheart," he said... "That explains the doilies, but what about all this money? Where did it come from?" "Oh," she said, "that's the money I made from selling the doilies."



BACK TO SCHOOL

Do you remember the good old days as off to school we would walk
Now once again we watch our kids & grandkids as they walk & talk

That goofy song we sang with gusto

"Hi ho, hi ho, it's off to school we must go

We learn some junk & then we flunk

Hi ho, hi ho --- --- hi ho, hi ho"

We sure thought that we were pretty funny

Especially in our 'Big Dude' Senior Year

I truly never saw anyone shed a tear

In our young life, it was September that started our daily trouble

Where we had to go to bed early to make us healthy, wealthy & wise on the double

There is talk of all year school

We don't like that because we are not a fool

But as for now, we will start school in September

For that is the month us old folks all remember



Written & submitted by,
Jean Larison

EASY PINEAPPLE COCONUT SQUARES



Easy Pineapple Coconut Squares, a buttery shortbread base and a delicious Coconut Pineapple filling makes this the perfect square.



Ingredients

FOR THE SHORTBREAD BASE

- 1¼ cups flour
- ½ cup butter**
- ¼ cup sugar

FOR THE TOPPING

- 1 tablespoon butter
- ½ cup sugar
- 1 egg (room temperature, for room temperature remove the egg from the fridge at least 45-60 minutes before using.)
- 1 can crushed pineapple (14 ounce can unsweetened crushed pineapple drain well and squish excess liquid out with your hands)
- ½ cup shredded or flaked coconut (divided) (recommended : flaked coconut unsweetened)

**if base is too dry add a tablespoon or 2 of butter.



Instructions

Pre-heat oven to 350F. Line an 8 inch/20 cm square pan with parchment paper or lightly grease or spray.

FOR THE SHORTBREAD BASE

In a medium bowl mix together with a pastry blender the flour, butter and sugar until it resembles coarse crumbs. Place the mixture in the prepared pan and gently pat down, bake for 15 minutes.

FOR THE TOPPING

Meanwhile in a medium bowl cream together the butter, sugar and egg, then fold in the well-drained pineapple and half the coconut, mix well then spread over the baked base, sprinkle the top with the remaining coconut, return to the oven and bake for another 25-30 minutes. Let cool completely before cutting. **ENJOY!**



Residents' Council Meeting Minutes Monday August 12, 2024

- **Jean Larison**, President, called the meeting to order.
- **Karen Snyder**, Secretary, read the highlights from the July meeting.
- **Marilyn Barker**, Vice-President, read the Resident Right for August.
- **USE OF PSYCHOPHARMACOLOGIC DRUGS – Sec. 1919(c)(1)**

These drugs may only be administered to you on the orders of a physician and only as part of your written plan of care. Your plan of care must describe the plan to eliminate or modify the symptoms for which the drugs are prescribed. At least annually an independent, external consultant must review the appropriateness of your receiving such drugs.

- Jean welcomed new residents for July.

Old Business:

No old business

New Business:

- **Jason Cumello: Administrator**

- Power outages: We had an unusual number of power outages lately. I thank you all for dealing with it. The generators do take care of the basics, but I know things are not the same.
- Trees impacted the powerlines on the PP&L easement that runs through property. They caused two of the wires to touch, which shorted the circuit at the street level. Valley Tree came out and removed the branches during the storm. PP&L then returned and turned the circuit back on. Although we lost power twice in the last few weeks, it had not happened like this in the last 11 years.
- The D wing chiller was also repaired.
- The outside E-Wing project is supposed to be restarted this week. You will see a lot of dirt being moved.
- Thank you to the residents who participated in the facility assessment questionnaire. We are looking at results from both locations.

Jennifer Szakacs Strohl: Director of Life Enrichment

- **Monthly Destination**

This month we are travelling “Down Under” to Australia. We are having an Outback party on the 26th. This is by invite only, as we need a headcount for food. We are working with dining services on the attendance quantity and meal details.

- We have six more outings for the month of August.
- We are wrapping up Iron Pig trips in September.
- In September we are going to the Caribbean. During the Day-of-Caring on the 19th, volunteers will come in and help us with a seashell craft.

- **Activities/Events**

- We continue with our entertainers on the weekends.
- The domino challenge has started. That takes place on the 3rd Monday of every month in the family room..
- The Auxiliary Money bingo is on the first Monday of the month, except for Sept. as it is Labor Day. We will resume in October.
- We still have house games on the 4th Friday of every month.

- **The auxiliary is having a “Kiss the Pig” fund raiser.** The contestants are Jason Cumello and Phil Armstrong. Whoever raises the least amount of money will have to kiss the pig. The main event is held here in the auditorium Friday, September 20 at 2:15. Up until that day, they will be raising money for the auxiliary. Donations can be made during the candy sales at both locations. If you use the cash app, please specify who you want the money to go to. We will also have a \$1 kissing photo booth. All proceeds go to residents. We will media blitz this, the county will advertise this downtown, it will be on channel 22, and Facebook live. We are not sure if it will be shown on channel 69 WFMZ, but we will make them aware. Remember that you can always stop by LE to ask any questions.

- **Resident Concerns / Comments:**

- Resident on C3. The cup holders don't hold the coffee cups as well as they used to. We had cardboard cup holders that made it easier to transport. Can we bring those back? Administration will investigate.
- Resident from D7. Stated there is only one working male bathroom stall, the other three have not been working for over a week. Facilities department will assess the situation
- Resident on C-3 states we are having problems with staff consistency. Schedules shows that we have no regulars on our floor. Nursing noted it is difficult to schedule during the summer. Follow up to be done.
- Resident from D-7 stated 99% of nurses working on the floor are terrific, the problem is the aides do not seem trained. Nursing will do follow up.
- Residents' council president shared her experiences with visiting other Sr. Care Centers. When she visited other homes, private and more expensive, the care is not nearly as good as the care here. Individual attention is much more intense here than you get at a private home. Her friend pays \$5000 a month and Phoebe is \$18,000 a month. We should be grateful for the personalized care we receive.

Announcements:

- The next meeting will be held Monday, September 9th at 2:15 pm in the Auditorium.
- Residents are invited to attend the Food Committee meeting immediately following Residents' Council.
- The meeting was adjourned.



CEDARBROOK VOLUNTEERS ARE VERY IMPORTANT PEOPLE

FALL IS UPON US AND HOPEFULLY COOLER AND LESS HUMID WEATHER IS TOO. THE LEAVES WILL BE CHANGING AND CHILDREN WILL BE BACK IN SCHOOL. CEDARBROOK HAS PLANNED MANY GREAT ACTIVITIES FOR THE UPCOMING MONTH. WE APPRECIATE ALL THE VOLUNTEERS WHO HELP MAKE THESE EVENTS SUCCESSFUL.

ON SEPTEMBER 19TH, WE HAVE BEEN FORTUNATE ENOUGH TO HAVE BEEN CHOSEN BY 20 MEMBERS OF OUR COMMUNITY TO COME TO BOTH CEDARBROOK LOCATIONS TO VOLUNTEER FOR THE UNITED WAY'S "DAY OF CARING." THE VOLUNTEERS ALWAYS RAVE ABOUT HOW MUCH THEY ENJOY SPENDING THEIR DAY WITH RESIDENTS AND HELPING WITH ACTIVITIES. WE HAVE PLANNED SOME GREAT OPPORTUNITIES FOR THEM TO ASSIST WITH ON THAT DAY. WE ARE ALWAYS EXCITED TO HAVE THEM SPEND THEIR DAY AT CEDARBROOK AND HELP WITH OUR PROGRAMS. OUR SINCERE THANKS TO EVERYONE WHO VOLUNTEERS.

**BINGO VOLUNTEERS NEEDED -
EVERY TUESDAY 2:00 - 4:00 PM.**
OUR RESIDENTS LOVE PLAYING BINGO,
BUT SOME NEED A HAND TO COVER ALL
THEIR NUMBERS. COME ON IN AND BE
THAT HELPING HAND. JOIN IN THE FUN
OF YELLING BINGO!

**CHURCH TRANSPORTERS -
EVERY SUNDAY 2:00-4:00 PM.**



ON-UNIT AND IN-HOUSE ACTIVITIES - CEDARBROOK HAS LOTS OF DIFFERENT ACTIVITIES EVERY AFTERNOON AND NEEDS VOLUNTEER HELPERS. WE DO ON-UNIT CRAFTS, COOKING, GAMES, AND MUSIC; AS WELL AS ACTIVITIES IN OUR AUDITORIUM. 7 DAYS A WEEK 2:00-4:00 PM, ESPECIALLY ON WEEKENDS.

GIFT SHOP CLERK - WE ARE LOOKING FOR A DEDICATED VOLUNTEER TO WORK IN OUR GIFT SHOP, WHICH IS OPEN MONDAYS, WEDNESDAYS, AND FRIDAYS 1:00PM-4:00PM. IT IS VERY SIMPLE TO RING UP SNACKS AND GIFTS WHEN OUR RESIDENTS STOP IN TO STOCK UP. GET TO KNOW OUR AWESOME RESIDENTS WHO LOVE TO SHOP. TRAINING WILL BE PROVIDED. WE ALREADY HAVE SOME AMAZING GIFT SHOP VOLUNTEERS, BUT WE COULD USE A FEW MORE.

PET VISITORS - DO YOU HAVE A WELL BEHAVED, PEOPLE FRIENDLY FURRY FRIEND (DOG/CAT) WHO WOULD LOVE TO VISIT OTHERS AND BE SHOWERED WITH AFFECTION? BRING SMILES AND JOY TO OUR RESIDENTS WHO MISS THEIR OWN PETS OR JUST THE COMFORT A FURRY FRIEND BRINGS. THIS WOULD BE AT YOUR CONVENIENCE. PET HEALTH DOCUMENTS WILL BE REQUIRED. ANY ANIMAL AND THEIR PET PARENT WILL NEED TO BE INTERVIEWED. PLEASE CONTACT THE LIFE ENRICHMENT DEPARTMENT FOR FURTHER INFORMATION. 610-336-5681



**IF YOU WOULD LIKE TO HELP WITH ANY OF THESE OPPORTUNITIES,
PLEASE FEEL FREE TO CONTACT ME AT 610-336-5684 OR EMAIL,
KERRYMAGLIANE@LEHIGHCOUNTY.ORG**



"There is nothing more beautiful than someone who goes out of their way to make life beautiful for others."

Mandy Hale, Author



- SEWAG _____
- NOMADY _____
- DOYHLIA _____
- NATOBIG _____
- YOTMEMPENL _____
- CINCIP _____
- SRKIETS _____
- DAPARE _____
- MUSREM _____
- OBJS _____
- EERTEABLC _____
- KOWRESRIF _____
- ROALB SIUNON _____
- RACEBEBU _____
- PETSMERBE _____



**LABOR DAY WORD SCRAMBLE
ANSWERS ON PAGE 16**



SUNSHINE NEWS STAFF

Advisor: Jennifer Szakacs Strohl

Editor/Format: Marnie Distasio
Lea Hayes
Emily Strohl

Writers/
Humorists: Jean Larison
Kay Mohr

Wi Fi



Wireless access to the Internet is now available at Cedarbrook-Allentown and Cedarbrook-Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc.) may request access through their Social Worker or Natalia Villamil, Administrative Assistant. Our PC Specialist will assign a unique username and password which must be kept confidential.



HOW MANY DID YOU SPY?



There are **13** "SQUIRRLS WITH NUTS"



WORD SCRAMBLE ANSWERS

1. WAGES
2. MONDAY
3. HOLIDAY
4. BOATING
5. EMPLOYMENT
6. PICNIC
7. STRIKES
8. PARADE
9. SUMMER
10. JOBS
11. CELEBRATE
12. FIREWORKS
13. LABOR UNIONS
14. BARBECUE
15. SEPTEMBER

If you have a question, concern, or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our **Administrative Hotline**. Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken.

You can report Fraud, Waste and Abuse to the Lehigh County Ethics Hotline at (610)782-3999.

This information is confidential and caller may remain anonymous.

DO YOU HAVE A CONCERN?

If you have a question or concern, Pennsylvania's Long-term Care Ombudsman Program can help. Your local Ombudsman is trained to advocate for your rights and will work to resolve your problems by:

- ◆ *Listening to your concerns*
 - ◆ *Respecting your choices*
 - ◆ *Offering ideas and options to help you meet your individual needs*
 - ◆ *Services are free and confidential*
- Contact your local Ombudsman (484) 619-3337

Pennsylvania
Department of Aging Office
of the Long-Term Care Ombudsman

NEED A REPAIR? SOMETHING FIXED?

Here's how to get it done...

Any resident having difficulties with equipment such as lights, radios, beds, TV's, wheelchairs, ETC. Please contact your unit clerk, nursing staff, or charge nurse on unit for a work order to be sent to Facilities for repairs.



September 2024



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>1 2:15 PM Church with Pastor Tony Auditorium & Channel 22</p>	<p>2 10:15 AM  Puzzle Your Mind Family Room 2:15 PM Music by Veronica Aud. & Chan.22</p>	<p>3 10:15 AM Talking Book Family Room 2:30PM House Bingo Channel 22</p>	<p>4 2:15 PM September Birthday Bash *Invite Only* Family Room 2:15 PM Bible Study with Chaplain Stephanie Aud. & Chan.22</p>	<p>5 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 2:30 PM Rosary - Chapel</p>	<p>6 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22 3:30 PM SSN Meeting Family Room</p>	<p>7 10:15 AM Puzzle Your Mind Family Room 2:15 PM Music by Scott Erickson Aud. & Chan.22</p>
<p>8 2:15 PM Church with Nativity Lutheran Auditorium & Channel 22</p>	<p>9 2:30 PM Resident Council & Food Committee Meeting Aud. & Chan.22</p>	<p>10 10:15 AM Talking Book Family Room 2:30PM House Bingo Channel 22</p>	<p>11 2:15 PM Bible Study with Pastor Tony Aud. & Chan.22</p> 	<p>12 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 2:30 PM Splash of Color Family Room D-5 Bus Trip</p>	<p>13 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22</p>	<p>14 10:15 AM Puzzle Your Mind Family Room 2:15 PM To Be Announced</p>
<p>15 2:15 PM Church with Pastor Tony Auditorium & Channel 22</p>	<p>16 2:15 PM Dominoes Challenge Family Room</p>	<p>17 10:15 AM Talking Book Family Room 2:30PM House Bingo Channel 22</p>	<p>18 2:15 PM Bible Study with Chaplain Stephanie Aud. & Chan. 22</p>	<p>19  10:15 AM Day of Caring *Invite Only* Aud. 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room 2:15 PM Catholic Mass Aud. & Chan. 22</p>	<p>20 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22 2:15 PM "Kiss The Pig" Contest Aud. & Chan. 22 D-3 Iron Pigs</p>	<p>21 10:15 AM Puzzle Your Mind Family Room 2:15 PM Music by Glenn Pritchard Aud. & Chan.22</p> <p>D-3 Iron Pigs Game</p>
<p>22 2:15 PM Church with Chaplain Stephanie Auditorium & Channel 22</p> 	<p>23 On Unit Activities</p>	<p>24 10:15 AM Talking Book Family Room 2:30PM House Bingo Channel 22</p> <p>C-3 Bus Trip</p>	<p>25 2:15 PM Bible Study with Pastor Tony Aud. & Chan.22</p>	<p>26 11:00 AM Color & Chat Family Room 2:15 PM Card Club Family Room Aud. & Chan. 22</p> <p>D-7 Bus Trip</p>	<p>27 2:15 PM Card Club Family Room 2:15 PM House Movie Channel 22 2:15 PM House Games Auditorium</p>	<p>28 10:15 AM Puzzle Your Mind Family Room 2:15 PM Music by Johnny K. Aud. & Chan.22</p>
<p>29 2:15 PM Church with Pastor Tony Auditorium & Channel 22</p>	<p>30 2:30 PM Caribbean Party *Invite Only* Auditorium</p>					