Happy Holidays!

Hillside News
December 2016
Do you have a problem?  
A question?  Is something bothering you? 
Come talk to us about it, so we can solve it for you.  Our doors are open to you…

Jason Cumello, NHA  
Assistant Administrator-FH

Alaa-Eldin A. Mira, M.D.  
Medical Director

Michelle Julian, RN  
Director of Nursing
MaryAnn Grega, RN  
Assistant Director of Nursing

Pam Schneck  
Human Resources Administrator
Judy Golinsky  
Human Resources Assistant Administrator-FH

Steve Breidigan  
Chief Financial Officer

Darlene Ely,  
Therapeutic Recreation Director
Alice Christman, TR Assistant Director
Kerry Magliane, Volunteer Coordinator

Paul Verret,  
Director of Social Services
Anne Gerber, Social Worker
Heidi Heffelfinger, Social Worker
Sister Marianne Knight, Social Worker

Jackie Mistiszyn  
Director of Business Development

Karen Carr  
Director of Dining Services
Jean Waitkaitis  
Assistant Director-FH

Chris Troxell  
Director of Environmental Services
Rodney Taylor  
Assistant Director-FH

Eduardo Fernandes  
Director of Facilities
Mark Plantier  
Building Supervisor

If you have a question, concern or complaint, which you believe has not been satisfactorily addressed by our staff, feel free to call our Administrative Hotline. Our Hotline can also be used to report suspected fraud, waste and abuse in accordance with the federal Deficit Reduction Act of 2005. The Hotline number is posted throughout the facility. An Administrative Assistant will take calls, or you can record a message when no one is available. Please follow the instructions when leaving a recorded message. Your call is confidential, but you do need to provide your name and telephone number, in case we need to contact you for more information, and to inform you of the action taken. You can report Fraud, Waste, and Abuse to the Lehigh County Ethics Hotline at 610-782-3999. This information is confidential and caller may remain anonymous.
Dear Residents, Families and Friends,

Welcome home! Cedarbrook Nursing Homes is preparing for the holiday season. We celebrate many traditions and observations of faith. Family, friends, community groups and businesses are scheduling visits; entertainers and carolers are preparing seasonal entertainment; Dining Services are planning special holiday meals. Our home is being polished and decorated and our residents are anticipating the upcoming parties, visits and trips into the community to see the lights, enjoy holiday meals and attend church services.

Wishing you all the Hope, Wonder, and Joy that the season brings filled with many holiday memories to be treasured. Happy Holidays, Merry Christmas and a Happy New Year!

Joseph Shadid, RN, MSN, MBA, NHA
Administrator/Director
Cedarbrook Nursing Homes

Annabelle Shoemaker
Resident Council President
Cedarbrook-Allentown

Jason Camillo, NHA
Assistant Administrator
Cedarbrook-Fountain Hill

David McQuillen
Resident Council President
Cedarbrook-Fountain Hill
**Tips for Keeping Your Money and Valuables Safe**

Although we discourage residents from keeping money and valuables in their room, we realize that many of you will choose to do so. Therefore, we would like to offer these tips to help you keep your money and valuables safe from loss or theft. Since you have access to the money in your account during normal business hours Monday through Friday, we suggest that you only withdraw the amount you need for immediate use. If you need larger sums of money for gifts or to reimburse your family members for purchases made on your behalf, we suggest that you contact Financial Services to arrange for payment by check. If you choose to keep money and valuables in your room, we highly recommend that you secure such items in the locked drawer of your bedside cabinet. Keep your key with you, or keep your key out of sight in a safe place. As soon as you realize that your money or property is missing, it is important to report it immediately to the Charge Nurse. Cedarbrook will not assume responsibility for replacing missing property kept by residents on their person or in their room. However, we will take action to investigate, and try to recover your property if possible. Finally, we ask that you help us maintain a current inventory of your personal property. Any property that you purchase or receive during your stay should be added to your Valuables Received After Admission Form, including a description of the property. This information is essential when trying to locate missing items.

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**Visit us on [www.cedarbrookseniordicare.com](http://www.cedarbrookseniordicare.com)**

Cedarbrook launched its first official website, designed to inform Lehigh County residents and the world at large about the quality services and operations provided here. It also offers dropdowns for both Allentown and Fountain Hill locations, with directions, departmental listings and the newsletters, posted every month. On the home page are slider segments that promote the institution and that will change from time to time. A highlight of the front page is the “Ratings & Reviews” section at the bottom where Cedarbrook users can submit their opinions on the quality of services. Please visit the site often, and please let your family and friends know about it. [www.cedarbrookseniordicare.com](http://www.cedarbrookseniordicare.com) is copyrighted by Cedarbrook Nursing Homes.

Wireless access to the Internet is now available at Cedarbrook Allentown and Fountain Hill. Residents with wireless devices such as laptops, notebooks, tablets (Kindle, Nook, etc) may request access through their Social Worker or Karen Moyer, Administration Secretary. Our PC Specialist will assign a unique username and password, which must be kept confidential. Visitors may request access at the switchboard. Usernames and passwords for visitors will automatically expire after three days.
Residents’ Birthdays for December

01  Candida Rodriguez
06  Theresa Crocus
    Margaret Siff
07  Lorraine Batavia
08  Eliot Pagan
10  Luis Cotto
13  Dolores Melendez
15  Ruth Miller
18  Howard Mertz
20  Patricia Stuber
23  Esmay Clarke
27  Ann Diehl

We appreciate families want to share party treats with their loved ones’ roommates and friends. Unfortunately, many of our residents have special dietary needs. Before giving food to our residents, please check with the nurse to see if it is allowed.

In Memory of our friends at Rest

Joyce Edmondson
Ruth Bergey
George Ruhmel

Let’s Welcome our new Admissions

Esmay Clarke
Eugene Hasara
Catherine Turkowsky
Helen Davis
Colleen Irelan
Joseph Spence
Judith Underwood
Melba Landis
Henrietta Devereaux
Joan Schmidt
Sara Cuellar

Visit us on www.cedarbrooksniorenorcare.com
Ellen Sauers Posivak was born in Lehighton, PA on October 30, 1912, and at age 104, is the oldest resident of Cedarbrook – Fountain Hill, Bethlehem.

When Ellen was just six, her mother died in the Great Flu Epidemic. Ellen and her two younger brothers went to live with their maternal grandparents. At the age of nine, and before modern antibiotics, Ellen suffered a severe bone infection in her left knee and spent a year in the hospital, enduring 12 surgeries. The final surgery made it physically impossible for Ellen to ever bend that knee again, however, she never let that stop her from leading a happy, productive life.

When Ellen was in high school, her grandfather John, was killed in a railroad accident, her grandmother could no longer support the children, so they were sent to live with their mother’s sister in Bethlehem, where the blended family consisted of six boys plus Ellen. Shortly after moving there, one of Ellen’s brothers was killed in a sledding accident, adding yet another tragic loss to her short life.

Ellen attended Liberty High School for her junior and senior year, graduating in 1932. She sought a nursing career upon graduation, and was accepted for an interview with a nursing school, however, she ultimately was not admitted due to her fused knee, (which never held her back from anything else in her life). Instead, she became a very successful hair stylist, serving patrons including Bethlehem Steel’s executive wives, and retired in 1977, as the long-term manager of Ronnie’s Salon, Bethlehem.

Ellen married Andrew J. Posivak (now deceased) a Bethlehem Steel employee and the couple had a son, Philip J. Posivak and a daughter, Barbara Posivak Perry (both deceased). Ellen has three granddaughters who live in Missouri, Kansas, and California, as well as 10 great-grandchildren and 17 great-great grandchildren! She also has cousins in Texas and Pennsylvania.

Ellen’s favorite pastime has always been gardening and her yard was always beautiful! She has also enjoyed fine music, reading, daily crossword puzzles and playing pinochle with “the girls”. After retirement, she volunteered weekly at the blood bank, and she lived in her own home until age 95.

Ellen loved to travel and has a very sharp, inquisitive mind, always seeking to learn more. She enjoyed trips all over the United States, to Canada, Bermuda, Spain, England, France, and more. Ellen has always been an excellent conversationalist who takes a genuine interest in others. She is of Catholic faith and is a member of the Notre Dame of Bethlehem Church.

Ellen celebrated her 100th birthday in 2012, during Hurricane Sandy, with high winds, rain, flooding and power outages with her Missouri & Kansas family members. Let’s hope her 104th is a bit less dramatic!
Take the worry out of your holiday gift giving…

Have your items labeled before you wrap!!!!

Bring in **UNWRAPPED** holiday gifts for residents to be labeled. Deadline to drop your items off at the receptionist desk is **December 5th**. Be sure to provide the name of the resident and a contact person. The items will be labeled by laundry and returned to the receptionist desk for pickup. Your pre-labeled items can then be wrapped.

**Photos with Santa**

Santa will arrive for picture taking on Monday, December 12th with the following schedule:

- **St. 2 & St. 3** = 2 to 2:45 p.m. *On Units*
- **St. 4 & St. 5** = 2:45 to 3:30 p.m. *On Units*
- **St. 1** = 3:30 to 4 p.m. *Chapel area*

Residents’ will be free, $2.00 for visitors and staff.

*Proceeds to benefit the Auxiliary.*

Thank You for the overwhelming response to the Angel Tree program. Please return **UNWRAPPED** gifts to Therapeutic Recreation by December 5th.

**Annual Christmas Service**

Join our residents for our Annual Christmas Service on Friday, December 16th in the 1st floor main dining room/chapel at 2:30 p.m.

Visit us on www.cedarbrooksgeriatric.com
At the request of Cedar Church members, I made this Raisin Pie for annual Pre Socials. They remember their grandmother’s pie and the story of "Funeral Pie."

Famous Raisin Pie Recipe
Often known as “Funeral Pie”

2 1/4 cups Raisins
2 1/4 cups Water
4 1/2 Tbsp. Lemon Juice
1/2 cup Sugar
3 Tbsp. Flour

Combine raisins and water. Cook and boil for 5 minutes. Add sugar, then slowly add lemon juice. Cook a few more minutes’ until thick. Pour into an unbaked pie shell and top with a lattice top crust. Fits a 10” pie plate (preferably glass). Bake 30-40 minutes at 450F.

Recipe appeared in Favorite Recipes compiled by the Junior Women’s Club of Emmaus “A Pinch of Liberty - A Dash of Heritage.” Published in 1975 for the United States Bicentennial. This pie became a favorite of Mennonite cooks because the ingredients were always available and the pie kept well. Before there was refrigeration, fresh fruits were not readily available, but most homes had dried raisins on hand. Today this pie is traditionally served at funerals of Old Order Mennonites and Amish.

By June Cleaver

Fountain Hill
Recipe of the Month

Rudolph Brownie Cupcakes

19.8 oz. box of fudge brownie mix
1/2 cup vegetable oil
1/4 cup water
3 eggs
16 oz. can chocolate frosting
24 holiday shaped pretzels or small pretzel twists
24 miniature candy-coated chocolate baking bits (i.e. M&Ms Minis)
12 red gumdrops

1) In a large bowl, stir the brownie mix, oil, water, and eggs together until well blended.
2) Spoon about 1/4 cup of batter into each of the 12 paper lined muffin tins (should fill about 3/4 full)
3) Bake at 350 F for 25-30 minutes or until tests done. Let cool in the pan for 10 minutes, then remove from the pan. Let cool completely.
4) Using the frosting to attach the items, decorate each cupcake with two pretzels for the antlers, two chocolate bits for the eyes and mouth, and a gumdrop for the nose.
**Auxiliary Holiday Raffle**

November 11th to December 19th

Drawing will be held in the afternoon of December 19th

1 ticket for $1.00

6 tickets for $5.00

Tickets can be purchased at the receptionist desk.

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**Auxiliary Open House**

Friday, December 16th

9 to 11 a.m.

STOP IN FOR A SNACK AND A CUP OF COFFEE

*The open house is the auxiliary’s way of saying “Thank You” to all the staff for supporting the auxiliary throughout the year.

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The Auxiliary would like to thank everyone for supporting our Annual Holiday Bazaar. Again, it was a huge success!!!!

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Visit us on www.cedarbrookseniorcare.com
Volunteers are Very Important People

Our volunteers are such a wonderful blessing to Cedarbrook. Our residents love to see their smiling faces and enjoy visiting each volunteer. They add so much joy in to the days of our residents and staff. Cedarbrook is so thankful to have each and every volunteer.

“In this life we cannot always do great things. But we can do small things with great love.” Mother Theresa

- Volunteers are needed to transport residents to in-house activities, entertainment, and church.

- Tuesday evening programs as scheduled 6:30-8:30 p.m.

- Saturday afternoons a wide variety of activities and entertainment 2:00-4:00 p.m.

- Sunday afternoons for church 2:00-4:00 p.m.

- Pinochle players are needed for Tuesdays from 10:00-11:30 a.m.

Reminder:
Please remember to call the TR department if you are going to be absent or late. You are important to our residents, staff, and programs; we really do need YOU.

I wish you all a wonderful holiday season.

Kerry Magliane, Volunteer Coordinator
610-336-5684
kerrymagliane@lehighcounty.org
Looking for residents to submit articles for the Hillside News. Become a roving reporter and submit articles to Karen in Administration by the 14th of each month.

If you would like to join the Writing Group, contact any of the Therapeutic Recreation team members. The group meets Tuesday mornings at 10:30 a.m. in the Chapel.

On Monday, October 31st, the TR dept. swung into action to make the Halloween Party fun. The entertainer didn’t show so the staff utilized the new in 21 computer to dance, sing, and be silly. Debbie was fantastic. Thank you to Mariana, St. 1 evening shift CNA for dancing in her “I Dream of Jennie” outfit. They were all good.

On Monday, November 7th, Kris Phipany was here to entertain us. She wore a beautiful black dress with red floral print. She sang music from a wide variety of genres. Kris has been performing for 12 years. She has a 2 year old grandchild. Kris is a very talented young woman who sings and dances during her performance.
1) Red and green are the 2 colors most associated with Christmas. Which are the 2 other colors, according to Christmas holiday trivia, that are also extremely popular in this season? _________________

2) Two of the reindeers are named after weather phenomenon. Name the reindeer? ________________________________

3) When does the Russian Orthodox Church celebrate Christmas? _____________

4) Which country does St. Nicholas originally belong to? _____________________

5) Who wrote “How the Grinch Stole Christmas?” _______________________________

6) Who was the star of the movie titled “White Christmas?” _______________________

7) How do you say “Merry Christmas” in Spanish? _____________________________

8) How many reindeer drive Santa Claus’ sleigh (counting Rudolph)? ______________

9) Who once stole Christmas? ________________________________________________

10) When was Christmas declared as a federal holiday in the United States? _________

11) Where did the Nativity take place? _________________________________________

12) On the tenth day of Christmas, what does my true love give to me? __________________

13) Which is the most famous Christmas ballet of all time? ________________________

14) Traditionally, kids leave out snacks for Santa Claus. What are these snacks? _______________________________

Answers:

1) Gold & Silver  
2) Donner (thunder) & Blitzen (lightning)  
3) January 7th  
4) Turkey  
5) Dr. Seuss  
6) Bing Crosby  
7) Feliz Navidad  
8) Nine  
9) The Grinch  
10) 1870  
11) Bethlehem  
12) Lords a-leaping  
13) The Nutcracker  
14) Cookies and Milk
Celebrating a birthday or special occasion? Contact Karen Moyer, in Administration at ext. 252 to reserve a room.

Anyone interested in requesting a song to be played with our morning announcement, please see Dave, St. 3 or Karen, Administration Office.

Lost and Found is located at the Receptionist Desk in lobby. Many items await the claim of their rightful owner. Please stop at Receptionist to see if any items belong to you.

All food items, including fresh fruit or vegetables for the residents must be in a bag or a container.

Please do not leave food and drinks unattended in the dining room, activity rooms or other public areas. Please dispose of leftover food/drinks properly. Some residents have food and fluid restrictions, and having access to unattended food and drinks could be harmful.

Administration wants to hear from you!!!!

When writing to share positive comments, complaints, or suggestions for improvement, please include your name and contact information. We take your comments seriously, and we may need to ask questions, and of course, we’ll want to share with you the action taken to address your concerns.

Reminder to our visitors...

When visiting, please sign in/out at the receptionists desk in main lobby and grab a visitor pass.

December

Lost and Found is located at the Receptionist Desk in lobby. Many items await the claim of their rightful owner. Please stop at Receptionist to see if any items belong to you.
**Recipes from Home**

Dining Services encourages residents, family members, and staff to participate in the Recipes from Home Program. We are always looking for new ideas as well as those ‘old time’ favorite recipes. Recipes can be placed in the Recipe Box outside of the Receptionist Office. Recipes could be as little as a dessert or as big as an entrée. Get your name in the Hillside News, by donating a recipe or you can choose to be an anonymous participant. So go ahead and share some of those wonderful recipes. You never know, your neighbor may enjoy them as much as you do!!

**Kitchen Tours**

If you are interested in touring the kitchen, please contact Jean from Dining Services to set up an appointment, ext. 260. A surprise gift will be given!

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**Tips for a safe Holiday/Winter Season**

* Residents cannot have live trees or candles. Any electronic items they receive over the holidays or anytime need to be inspected by Facilities.

* Any electronic items must be inspected and labeled before installation into any of our Resident Rooms by Facilities.

* Picture frames can be replaced with Plexiglas by Facilities to prevent accidental damage.

* Residents having difficulties with their equipment such as lights, radios, televisions, wheelchairs, beds, etc., please contact your Unit Manager, Unit Clerk or Social Worker for a work order to be sent to Facilities for repairs.

* Visitors and/or staff, watch your step in our parking lots. Report accidents promptly to Administration or Nursing Supervisor.

Visit us on www.cedarbrookseniorcare.com
Resident Food Committee - November 17th

The meeting began with a review of the minutes from the last meeting.

New Business
- There are requests made for the following items: Cherry, Blueberry, Key Lime, Lemon Merengue pies, stuffed peppers, pork chops, and collard greens.
- There was a request for real mashed potatoes to be served with the pork and sauerkraut.
- There was a request made for different types of pickles to be served.
- The residents would like the nutter butters and chex to be added back to the snack rotation.
- Compliments were made on the cooks, especially for the soups.
- One resident would like more french fries on the menu. The rest of the consensus feels that they receive enough of fries.
- Sometimes the tator tots are stuck together.
- The residents love the fish selections that are on the menu.
- The pork loin is very good.
- One resident suggested keeping deviled eggs frozen so they can be available whenever requested.
- The beef stroganoff was very good this time.
- Next meeting to be held on December 15th following Residents’ Council meeting.

December’s Holidays/Events

December 7th
Remembrance Day of Pearl Harbor

December 21st
Winter begins

December 25th
Christmas Day

December 26th
Kwanzaa Begins

December 31st
New Year’s Eve
Resident Council Minutes - November 17th

Examination of Survey Results. You have the right to examine the results of the most recent survey of the nursing facility as conducted by state or federal authorities and any plan of correction in effect with respect to your nursing facility. The survey results must be made available for your examination by the facility in a place readily accessible to you.

New Business:
1. MaryAnn, ADON reported on the following:
   - Rehab. = floor is being replaced.
   - Beautification committee = committee was formed to beautify Cedarbrook. Lobby area is the first area of the project.

2. Nominations for Residents’ Council Officers – Nominations for 2017 Residents’ Council Officers were held David McQuillen, Zelma Weikel, and Alice Uhl were nominated for President; Cimmie DePriest nominated for Vice President; and Dorothy Pearson nominated for Secretary. Voting will be held on December 15th.

3. Alice Christman, TR reviewed the scheduled activities for December. John Bauer; Cub Scout Bingo; Santa pictures; Caribbean Dreamers; American Legion Veteran’s Party; Annual Christmas Service; Ultimate Sound; Order of the Purple Hearts; JR Peterson Christmas Bash; Dale Sine; Gene Galligan; and New Year’s Eve party with Kevin Galm

Congratulations!!!!!

Station 4

Winners of the Gold Cup for October
The earliest examples of Christmas cookies in the United States were brought by the Dutch in the early 17th century. Due to a wide range of cheap imported products from Germany between 1871 and 1906 following a change to importation laws, cookie cutters became available in American markets. Due to the availability of these utensils, recipes began to appear in cookbooks designed to use them. In the United States, since the 1930s, children have left cookies and milk on a table for Santa Claus on Christmas Eve. The cookies are often cut into such shapes as those of candy canes, reindeer, and holly leaves. Below is a list of scrambled cookies to solve:

1) gruas ______________________________
2) prthmbintsu ________________________
3) doodsnilescker ______________________
4) balowslsn __________________________
5) coolcheta ipch _________ _________
6) couttus ____________________________
7) nutpea berutt _________ _________
8) damacamia _________________________
9) selffik ____________________________
10) pansgginer _________________________
11) masseslo __________________________
12) tubret _____________________________
13) gerbedingar ________________________
14) toaleam sairni _________ _________
15) tun ssiesot _________ _________

Answers to Cookie Scramble

Memorial Service
Thursday, December 8th
2:30 p.m. - Chapel

Residents’ Council
Thursday, December 15th
2:30 p.m. - Chapel

Food Committee
Thursday, December 15th
following Residents’ Council

*All programs are held in the 1st floor dining room/chapel area.
### Employees’ Birthdays for December

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<tr>
<th></th>
<th>Name</th>
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<th>Name</th>
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<tbody>
<tr>
<td>03</td>
<td>David Wisk</td>
<td>18</td>
<td>Marie Altemose</td>
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<td>07</td>
<td>Claudie Jean-Louis</td>
<td>23</td>
<td>Maria Alverio</td>
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<td>08</td>
<td>Mary Koach</td>
<td>24</td>
<td>Melissa Quinones</td>
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<td></td>
<td>Rosaura Leon</td>
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<td>Christina Florek</td>
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<td>10</td>
<td>Keith Golley</td>
<td>25</td>
<td>Darleen Symanovich</td>
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<td>11</td>
<td>Lillian Torres</td>
<td>26</td>
<td>Elizabeth Cruz</td>
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<td>12</td>
<td>Laila Swavely</td>
<td>28</td>
<td>Karen Moyer</td>
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<td>Peter Wlazelek</td>
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<td>13</td>
<td>Pedro Flores Argueta</td>
<td>29</td>
<td>Jessica Kroft</td>
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<td>14</td>
<td>Mark Whitehead</td>
<td>30</td>
<td>Anne Gerber</td>
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<td>17</td>
<td>Marisol Martinez</td>
<td>31</td>
<td>Abby Cunningham</td>
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<td></td>
<td>Cybell Valle</td>
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<td>Sister Marianne Knight</td>
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### Employees’ Longevity for December

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<tr>
<th>Years</th>
<th>Name</th>
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<tbody>
<tr>
<td>22</td>
<td>Robin Fritzinger</td>
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<td></td>
<td>Guadalupe Martinez</td>
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<td></td>
<td>Rebecca Sarachek</td>
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<td>16</td>
<td>Nadine Hudacek</td>
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<td></td>
<td>Sara Sames</td>
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<td>13</td>
<td>Carmen Santiago</td>
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<td>7</td>
<td>Marisol Martinez</td>
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<td>6</td>
<td>Andrea Koval</td>
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<td>5</td>
<td>Gloria Torrez</td>
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<td>4</td>
<td>Claire Murawski</td>
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<tr>
<td>1</td>
<td>Jennifer Bickel</td>
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<tr>
<td></td>
<td>Melysa Ortiz</td>
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### Let’s Welcome our New Nursing Employees

- Megan Baird
- Abby Bartos
- Tinisha Hart

Visit us on www.cedarbrookseniorgare.com
Calling all Dream Catchers…

Who: CBFH staff, family members and friends of the residents
What: Complete Dream Catcher form for a resident
Where: Dream Catchers forms located in reception area or nursing units

When a dream unfolds, the resident experiences a deeper sense of self-worth, connection and joy. The effect lingers in the heart of the resident and creates an uplifting ripple effect throughout Cedarbrook.

Please feel free to use the following Dream Discovery form (attached) to help us discover our residents’ dreams. Please submit form either to Karen Moyer, Administration Office or Zulma Alvarez.

Calling all staff and family members on becoming a Dream Catcher’s...

Every quarter each Unit (shift specific) will have the opportunity to be gifted a free lunch by fulfilling the dreams of three residents.

Rules:
1. Inquire from a resident who has not had their dream fulfilled and complete a Dream Discovery form (attached or on each nursing unit).
2. Talk with staff and family members on how to fulfill the dream. Connect with a Cedarbrook Dream Catchers board members for support:
   St. 1 - Zulma Alvarez; St. 2 - Nancy Hills; St. 3 - Dave McQuillen;
   St. 4 - Karen Moyer/Bert Dziedzic; and St. 5 - Bert or Fran.
3. Submit the Dream Discovery form and dream fulfillment plan to Cedarbrook Dream Catcher’s board for review.

The unit (shift specific) who has realized 3 resident dreams within a quarter wins a free lunch delivered to their floor.
DECEMBER 2016 DATES TO CELEBRATE

- Bingo’s Birthday Month
- Made in America Month
- Playing Games Month
- Yuletide Month
- BIRTHSTONE - Turquoise
- FLOWERS - Narcissus
- COLORS - Indigo and Green

DECEMBER DATES TO REMEMBER…………..

1. Eat a Red Apple Day
2. 40th Anniversary of the Release of the Movie Rocky, 1976 - Sylvester Stallone wrote and starred in this movie.
3. National Cookie Day
4. GUESS THE YEAR - Firsts this year were American saint (Mother Seton), international space project (Apollo 18-Soyuz 19), and Venus landing, and fads were skateboarding turtle racing, and pet rocks. ANSWER: 1975
5. National Miner’s Day - This day honors and remembers each miner, past, present, and future, for his or her sacrifices, dedication, and accomplishments.
6. 75th Anniversary of the Attack on Pearl Harbor, 1941 - The U.S. Naval Base at Pearl Harbor, HI was attacked by Japanese aircraft that left nearly 3,000 dead.
7. Anniversary of the Killing of Former Beatle John Lennon, 1980
8. Christmas Card Day - This day celebrates the hiring of an artist by wealthy British businessman, Sir Henry Cole, in 1843 to make Christmas cards to give to his friends and acquaintances.
9. On this day in 1907, the first Christmas Seals were sold to raise money to fight tuberculosis.
10. National Lager (Beer) Day - Lager is a type of beer that is light in color and stored at cold temperatures for aging after it is brewed. The most popular American beers are lagers.
11. On this day in 1899, George Bryant of Boston received a patent for the wooden golf tee. Before these were available, golfers made mounds of dirt which they called “tees” to put their balls on.
12. Poinsettia Day - This is a day to celebrate poinsettias and the death anniversary of Dr. Joel Roberts Poinsett (1799-1851), the American diplomat who introduced the Central American plant to the U.S.
13. Anniversary of the Film Premiere of Gone With the Wind, 1939
14. 65th Anniversary of the TV Premiere of Dragnet, 1951
15. Underdog Day - This day honors the unsung heroes who contribute to the success of heroes
16. 60th Anniversary of the TV Premiere of To Tell The Truth, 1956
17. Bake Cookies Day
18. 70th Anniversary of the Film Premiere of It’s A Wonderful Life, 1946
19. Anniversary of the First Crossword Puzzle, 1913
20. Humbug Day - People are asked to say “Humbug” to vent their frustrations in preparing for Christmas.
21. Winter Begins
22. THOUGHT FOR THE DAY - “Whatever our individual troubles and challenges may be, it’s important to pause every now and then to appreciate all that we have, on every level. We need to literally “count our blessings, give thanks for them, allow ourselves to enjoy them, and relish the experience of prosperity we already have.” Shakti Gawain.
23. CHRISTIAN: Christmas Eve
24. CHRISTIAN: Christmas Day
25. January 1 - JEWISH: Hanukkah
26. Anniversary of the Invention of the Coffee Percolator, 1865
27. January 1 - 50th Anniversary of Kwanzaa
28. Anniversary of the Patent of Chewing gum, 1869
29. Card Playing Day
30. Anniversary if the TV Premiere of Lets Make a Deal, 1963
31. DID YOU KNOW? - A bottle of champagne goes flat after four hours of being opened.
32. New Year’s Eve
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